



## CHILE

### TREKKING THE TORRES DEL PAINE CIRCUIT BY FOOT 9-DAYS

This Patagonia adventure, hiking through famous Torres del Paine National Park along the Paine Circuit (also referred to as the “O” Trek), is an unmatched Patagonia hiking adventure. During this 9 day trek, we experience one of the world’s last great nature refuges, surrounded every step of the way by raw, unspoiled beauty and nature. At night, we refuel at camps located near the big eco-camp or other refugios, enjoying most of our morning and evening meals within their comforts, the stunning park as our backyard. This Patagonia hike is truly an unparalleled outdoor experience.

## Day 1

### PUERTO NATALES - TORRES DEL PAINE

#### ARRIVAL AND HIKING

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This morning you'll be picked up at your hotel in Puerto Natales and transferred to the famous Torres del Paine National Park. If we're lucky we'll see guanacos, rheas and huge rabbits grazing on the plains. Upon arrival at the park, we'll have lunch at the Eco-camp and have a trip briefing with the guide about what to expect in the coming days.

In the afternoon, we'll begin our hike to Camp Serón, where we'll spend our first night. Thanks to the long daylight hours in the summer months, with sunset not occurring until around 11 PM, we'll have plenty of light to take in the stunning views of the Patagonian steppe, complete with its roaming guanacos and the majestic backdrop of snow-capped mountains.

**Accommodation:** Tent

**Meals:** Lunch, Dinner

**Hiking Distance:** 13km / 8mi

**Hiking Duration:** 4 hours

**Elevation Gain:** +386m (1266 ft)



## Day 2

### CAMP SERÓN - DICKSON LAKE

#### HIKING

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The day begins with breakfast at Camp Serón before we prepare for our hike towards Dickson Lake. The trail will lead us northwards along the eastern shore of the Rio Paine. We will stop at a natural lookout point which will afford us a stunning panoramic view of the Lago Paine below, before we descend and continue west across open grasslands towards Refugio Dickson. Tonight's campsite is situated in the Dickson Valley, surrounded by towering snow-capped peaks and the crystalline waters of Lake Dickson. From the campsite, we'll be able to spot stunning Dickson Glacier and parts of the Southern Patagonian Ice Field in the distance. We'll refuel with a nutritious dinner at the campsite, in a comfortable dining tent. Tonight, we will also have the luxury of accessing hot showers.

**Accommodation:** Tent

**Meals:** Breakfast, Lunch, Dinner

**Hiking Distance:** 18.7km / 11.6mi

**Hiking Duration:** 5.5 hours

**Elevation Gain:** +622m (2040 ft)

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### Day 3

#### DICKSON LAKE - LOS PERROS

##### HIKING

After breakfast at our campsite, we will continue our hike along the Los Perros River and cover the trek's most remote stretches. We will pass under Los Perros Glacier and cross a virgin forest before reaching Laguna Los Perros. Here, we will set up camp for the night at Los Perros Camp and feast on dinner in a comfortable dining tent. We will have the remainder of the evening to enjoy these tranquil surroundings.

**Accommodation:** Tent

**Meals:** Breakfast, Lunch, Dinner

**Hiking Distance:** 12.9km / 8.1mi

**Hiking Duration:** 5 hours

**Elevation Gain:** +373m (1224 ft)

### Day 4

#### LOS PERROS - CAMP GREY, THROUGH GARDNER PASS

##### HIKING

Today, after a hearty breakfast at the refugio, we will ascend to the highest point in the circuit, reaching altitudes of around 1300 m (4000 ft) via John Gardner Pass. From here, we will have an awe-inspiring view of Grey Glacier. John Gardner Pass is a must-do for any serious trekker. We will then continue south along forested slopes and enjoy expansive views of the enormous Grey Glacier along the way. We will spend the night camping at Grey Campground on the shores of Lake Grey.

**Accommodation:** Tent

**Meals:** Breakfast, Lunch, Dinner

**Hiking Distance:** 17.3km / 10.7mi

**Hiking Duration:** 12 hours

**Elevation Gain:** +984m (3228 ft)



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## Day 5

### CAMP GREY - PEHOE LAKE

#### HIKING

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We will have a relaxing morning around Lake Grey to rest, replenish and revel in the beautiful surroundings. We will then begin our hike along the eastern side of the lake. As we hike, we'll witness giant icebergs drifting across the waters, a scenic highlight of the trek. Next, the trail will flatten out as we descend through a valley headed towards Lake Pehoe and its pristine turquoise waters. Here we will set-up camp and rest for the night.

**\*Optional Kayaking around Glacier Grey:**  
This excursion starts at 8:30 AM and lasts 2.5 hours. You will kayak around huge floating icebergs towards the eastern side of the glacier to get closer to the giant ice wall. The minimum age is 15 years and the maximum age is 65.

(Note: The kayaking option is only available between November 1st and March 19th)

**Accommodation:** Tent

**Meals:** Breakfast, Lunch, Dinner

**Hiking Distance:** 11km / 6.8mi

**Hiking Duration:** 5 hours

**Elevation Gain:** +243m (797 ft)

## Day 6

### VALLE FRANCES

#### HIKING

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After breakfast at Lake Pehoe's refugio, we will begin the challenging trek along a steep trail that leads to Valle Frances - how far we hike depends on the group's speed and rhythm. If walking swiftly, we will reach the hanging bridge over the French River. Then, we will continue to ascend towards the upper section of the valley where we will witness some of the valley's magnificent geological formations: Hoja (Blade), Máscara (Mask), Espada (Sword), Catedral (Cathedral), Aleta de Tiburón (Shark's Fin) and Fortaleza (Fortress). We will take a break to picnic and relax before continuing our descent through an undulating terrain of mixed grassland and light forest, before arriving at today's end point and overnight campsite, Camp Frances.

**\*An optional trek to Mirador Británico is also available**

**Accommodation:** Tent

**Meals:** Breakfast, Lunch, Dinner

**Hiking Distance:** 20km / 12.4mi

**Hiking Duration:** 8 hours

**Elevation Gain:** +753m (2470 ft)





## Day 7

### LOS CUERNOS TRAIL

#### HIKING

After breakfast, we will begin our day's trek to the Eco-Camp, via the Cuernos trail along Lake Nordenskjöld. Today's walk is far less strenuous but the terrain is more diverse. Today is the perfect opportunity to take in all of the park's charming flora and fauna. We'll learn about the vast variety of species from our guide along the way before taking a relaxing pause for a boxed lunch. Today's trek ends when we arrive back at the Eco-Camp where we will enjoy a hearty meal before retiring to our campsite to prepare for tomorrow's big challenge.

**Accommodation:** Tent

**Meals:** Breakfast, Lunch, Dinner

**Hiking Distance:** 16km / 10mi

**Hiking Duration:** 7 hours

**Elevation Gain:** +181m (594 ft)

## Day 8

### THE TOWERS, ASCENCIO VALLEY

#### HIKING

Today is the penultimate day of the Paine Circuit. After breakfast at the Eco-Camp, we will start out from our campsite towards Hostería Las Torres and ascend to Ascencio Valley on the Tower's eastern face. Mountain ridges, beech forests and small rivers line today's scenic walk. Our greatest challenge will be hiking along a mass of boulders that will lead us to that iconic view of the Towers. The full view of these three gigantic granite monoliths, shaped by the incredible forces of glacial ice, will suddenly reward us after our challenging ascent. With the view of the Towers, and the glacial lake visible below. This may be the best place on earth for a picnic lunch. After feasting on this view, we will backtrack along the same trail through Ascencio Valley, returning to Eco-Camp for a well-deserved dinner.

**Accommodation:** Tent

**Meals:** Breakfast, Lunch, Dinner

**Hiking Distance:** 22km / 13.6mi

**Hiking Duration:** 10 hours

**Elevation Gain:** +796m (2611 ft)



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## Day 9

### TORRES DEL PAINE - DEPARTURE

#### DEPARTURE

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We will board an early morning vehicle, sit back, relax and enjoy the scenic ride back to Punta Arenas or Puerto Natales in time to catch the evening flight to Santiago. Alternatively, transportation to El Calafate can also be arranged.

**Meals:** Breakfast, Lunch



## TRIP INCLUSIONS

### **Trip Includes**

Meals as indicated, all accommodation (twin shared in tents), all internal transportation (excluding domestic flights), most equipment, airport transfers and English-speaking guides.

### **Not Included**

International and domestic flights, airport departure taxes, gratuities, some equipment (such as sleeping bags and sleeping mat), meals not indicated and items of a personal nature.

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