



## NORWAY

### MULTI-SPORT IN NORWAY'S FJORDS, LAKES AND RIVERS BY BIKE, CANOE, FOOT, RAFT, SEA KAYAK AND SUP 8-DAYS

Norway is the perfect adventure travel destination with its towering fjords, rushing rivers, alpine forests, beautiful lakes, glaciers and snow peaked mountains. This 8-day active tour starts in the culturally rich city of Bergen, the second-largest city in Norway and the gateway to the Fjords. We'll then head to Voss by train, the adventure capital of Norway. This will be our base for the next six days. Activities include kayaking on the Nærøyfjord Fjord, the second longest fjord in the world and a UNESCO World Heritage site; hiking to the summit of Mt. Oksen with stunning panoramic views; stand-up paddle boarding down the class 1 section of Vosso River; biking through the Bømoen forest and to the Skjervsfossen waterfall; and whitewater rafting and canoeing the crystal-clear Raundal River. This adventure trip will provide memories to last a lifetime.

## Day 1

### BERGEN

#### ARRIVAL

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On arrival to Bergen you'll make your way to your hotel for check in. The rest of the day is yours to explore. You can settle into your comfortable hotel and relax or take some time to soak in the vibrant atmosphere of the charming city of Bergen.

**Accommodation:** Hotel

**Meals:** None

## Day 2

### BERGEN - VOSS

#### MORNING TRAIN AND FREE AFTERNOON

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Rise and shine and make your way to the train station for a short scenic ride through Norway's awe-inspiring landscapes to the town of Voss, where you'll be staying for the next five nights at the charming Hotel Fleischer. Voss, is a picturesque mountain town nestled between two of Norway's most majestic fjords. It's also an adventurer's paradise and is known locally as the adrenaline capital of Norway. Here you'll find a treasure trove of natural wonders, including serene lakes, fertile valleys, snow-capped peaks, powerful rivers, and endless opportunities for outdoor activities. This idyllic setting serves as the perfect backdrop as you settle into your home away from home for the next 5 days.

**Accommodation:** Hotel Fleischer

**Meals:** Breakfast

## Day 3

### RAUNDAL RIVER & SKJERVFOSSEN WATERFALL

#### RIVER CANOEING, E-BIKING & BEER TASTING

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Get ready for a day filled with thrilling water and biking adventures! First up, you'll join your expert guide for a paddle down the stunning Raundal River in inflatable canoes. The Class I-II rapids and serene pools are the perfect balance of excitement and relaxation, letting you take in the breathtaking scenery. In the afternoon, you will hop on an e-bike to explore the charming rural landscape of Voss. Cycling along designated bike paths and peaceful backroads, passing picturesque lakes and rolling hills, until you reach the Skjervfossen waterfall. The views along the way will leave you breathless, but nothing compares to the 500 feet twin falls that await you. You can explore the network of paths and viewpoints around the waterfall, and if you're feeling adventurous, head down to the foot of the waterfall to cool off under its cascading wall. After the e-bike ride, it's time to indulge in some traditional Norwegian flavours. Stop by the quaint Eldhuset farm for a beer tasting and dinner. Here, you'll learn about the brewing traditions in Norway and sample beer brewed with the kveik yeast - a living symbol of centuries of brewing history in the region. The kveik yeast has survived among farmers in the valleys of western Norway, thanks to a strong culture of brewing farmhouse ale the traditional way. Raise a toast to your first day of adventure before returning to the comfort of your hotel for a well-deserved night's rest.

**Biking Distance:** 20 miles. Terrain is both flat and hilly with at least 4 moderate climbs

**Accommodation:** Hotel Fleischer

**Meals:** Breakfast, Lunch, Dinner + Beer Tasting



## Day 4

### NÆRØYFJORD FJORD - VOSS

#### SEA KAYAKING

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Today you will head out to the Nærøyfjord Fjord, one of the world's most stunning and breathtaking natural wonders, for a day of sea kayaking. As the second longest fjord in the world and a UNESCO World Heritage site, the Nærøyfjord Fjord is truly a sight to behold. The day will be spent immersed in the scenic splendor of the fjord, paddling through crystal-clear waters, and basking in the stunning views around every bend. Finish the day with a group lunch on the fjord, before being whisked back to your cozy hotel in Voss, where you can enjoy rest of the evening at your own pace.

**Sea Kayaking Duration:** 7 Hours

**Accommodation:** Hotel Fleischer

**Meals:** Breakfast, Lunch

## Day 5

### MT. OKSEN - VOSS

#### HIKING

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Fuel up on a hearty breakfast before driving out to Tjolfot, the starting point for an exhilarating hike up Mt. Oksen. Although challenging, the trail rewards you with stunning views as you ascend above the tree line. With each step, the views become more breathtaking. At the summit, 4000 feet above sea level, you'll be treated to a panoramic view of Samlafjorden, Sørfjorden, Eidfjorden, and Granvinsfjorden as well as the picturesque backdrop of the surrounding Voss and Norway's third-largest glacier, Folgefonna. As the sun begins to set, make your way back to your hotel in Voss, where you'll have the evening at leisure to relax and enjoy the surroundings.

**Hiking Duration:** Approximately 5-6 hours.

**Accommodation:** Hotel Fleischer

**Meals:** Breakfast, Lunch



BikeHike Adventures

For more details call BikeHike Adventures at 1-888-805-0061 or 1-604-731-2442 email [info@bikehike.com](mailto:info@bikehike.com) or surf us at [www.bikehike.com](http://www.bikehike.com)

## Day 6

### VOSSO RIVER – BØMOEN FOREST - VOSS

#### STANDUP PADDLING AND MOUNTAIN BIKING

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Get ready for an action-packed day with a mix of activities that will take you through some of the most beautiful areas in Norway. You'll kick off the morning by gliding across the crystal-clear waters of a beautiful lake on standup paddleboards, with expert guides on hand to help you master the basics of SUP. After lunch, you'll head over to the Vosso River for a journey down a gentle Class 1 section of the river. With fully qualified guides by your side, you'll navigate the stunning landscape taking in some of the most picturesque areas of Norway from an entirely different perspective. In the afternoon, you'll hop back on the saddle to venture into the Bømøen forest for a couple of hours of riding on easy to moderate flowy single-track trails and gravel pathways. These trails offer alternative lines where both seasoned riders and beginners can enjoy the ride at their own pace.

**Activity Duration:** SUP Approximately 3 hours, Biking 2.5 hours

**Accommodation:** Hotel Fleischer

**Meals:** Breakfast, Lunch, Dinner

## Day 7

### RAUNDAL RIVER – BERGEN

#### WHITEWATER RAFTING

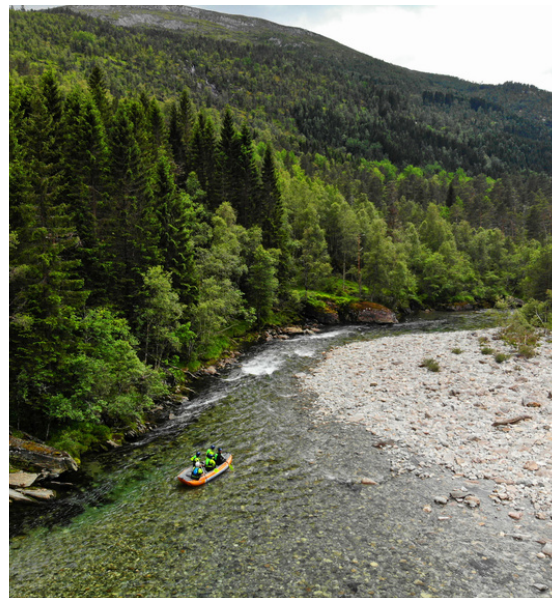
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You'll kick off your adventure this morning with an adrenaline-pumping white water rafting expedition down the world-renowned Raundal River, famous for its crystal-clear waters and stunning canyon scenery. As you navigate the class III rapids, you'll feel the rush of the current and the exhilaration of conquering the rapids. After the rafting, you'll take time to freshen up before making your way back to the train station for the journey back to Bergen. The scenic train ride offers stunning views of Norway's majestic mountains and lush valleys, giving you the perfect opportunity to relax and unwind after an action-packed morning. Upon arriving in Bergen, you'll have the rest of the evening to explore this beautiful city at your leisure. Wander through the charming streets of the historic district, sample delicious local cuisine, visit the many museums

**Whitewater Rafting Duration:** 3 hours

**Accommodation:** Hotel in Bergen

**Meals:** Breakfast, Lunch



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## Day 8

### BERGEN

#### DEPARTURE

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Today is the end of your Norway Adventure. When it is convenient for you, please make your way to the international airport for your international flight. Safe Travels.

**Meals:** Breakfast



## TRIP INCLUSIONS

### **Trip Includes**

All accommodation (twin shared), meals as indicated, all internal transportation excluding airport transfers, equipment and English-speaking guides.

### **Not Included**

International airfare, gratuities, meals not included, airport transfers, and items of a personal nature.

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