



BELIZE

THE BELIZE BLAST!

**BY CAVE, INNERTUBE, RAPPEL, HORSEBACK & FOOT
9-DAYS**

This weeklong Belize adventure vacation highlights the best this tiny country offers. This multi-sport adventure tour includes climbing the steps of the Xunantunich ruins, riding horses through tangled jungles, floating peacefully on innertubes through Mayan caves, rappelling safely into the depths of the jungle, and hiking to cascading waterfalls for a refreshing swim. The final days of your adventure vacation are spent on the relaxing beaches of Placencia where you'll have the option to snorkel in translucent seas with opportunities to see manatees, nurse sharks, and stingrays, amongst other tropical marine life.

Day 1

BELIZE CITY

ARRIVAL

Upon arrival into The Belize International Airport you will be met by one of our representatives and transferred to a cozy Jungle Resort located in Cayo, alongside the Belize River. If you arrive early enough, there is an option to stop at the Belize Zoo en route. The Belize Zoo is more like an animal sanctuary than a zoo. Most of the animals are rescued and it is also quite interactive. You'll check into your cozy accommodations and have the remainder of the afternoon to get acquainted with the grounds and your group. The remainder of the evening is at leisure.

Meals: Dinner

Accommodation: Jungle Lodge



Day 2

SAN IGNACIO - XUNANTUNICH RUINS

HORSEBACK RIDING & RUINS

Today we have a double dose of adventure; horseback riding and exploring Mayan ruins! We begin with a short drive to St. Leonard's Stable. Here we'll get acquainted with our horses and then set off on a relaxing 1.5 hour horseback ride through open savannah, fertile countryside, tropical jungle and riverside trails. On your horse you'll cross the Mopan River. Then you'll reach a hand cranked ferry where you'll dismount from your horse and board the ferry for a short crossing. You'll then ride a short distance to the Mayan ruins of Xunantunich for a guided tour of the site. Be sure to climb the steps of El Castillo, the largest pyramid, for a panoramic view of the Cayo District. At the end of the tour you'll ride back to St Leonard's Stable. Afterwards you'll return to your accommodation and have the remainder of the day to enjoy the surroundings.

Meals: Breakfast, Lunch, Dinner

Accommodation: Jungle Lodge

BikeHike Adventures

For more details call BikeHike Adventures at 1-888-805-0061 or 1-604-731-2442 email info@bikehike.com or surf us at www.bikehike.com

Day 3

MOUNTAIN PINE RIDGE

HIKING AND BUTTERFLY FARM

After a hearty breakfast we set off to hike in the nature reserve of Mountain Pine Ridge. This forest is known for its protected pine forest, many rivers and cascading waterfalls, including 1000 Foot falls, the highest waterfall in Central America. We'll spend the morning hiking on rugged trails while visiting some of the more off the beaten path locations inside the reserve. We'll break for a picnic lunch and then have time to cool ourselves off with a swim below a rushing curtain of water in one of Mountain Pine Ridge's cascading waterfalls. This area is also fantastic for bird lovers with a wide range of species, including several distinct to this area. After our hike and swim, we'll stop at The Green Hills Butterfly Ranch where we will experience Belize's biggest and best butterfly exhibit. The main attraction here is the enclosed flight area where scores of gorgeous tropical butterflies flutter around us. Afterwards we'll return to our accommodations and have the remainder of the day at leisure to relax and enjoy the surroundings.

Meals: Breakfast, Lunch, Dinner

Accommodation: Jungle Lodge



Day 4

BLACK HOLE DROP

HIKING & RAPPELLING

Prepare for an incredible adrenaline rush today. This expedition starts off with a vigorous hike into the foothills of the Maya Mountains to the edge of the Actun Loch Tunich sinkhole. We call this the Black Hole drop, a sinkhole 300 feet deep and 200 feet above the rainforest canopy. Our fully trained caving guides rig a system of rappelling ropes for our decent deep into the basin. The sinkhole is not actually black, but the bottom isn't visible from the start of the rappel. Once we reach terra firma we head back to our base for a well-deserved cold beer.

Meals: Breakfast, Lunch, Dinner

Accommodation: Jungle Lodge

Day 5

ACTUN TUNICHIL MUKNAL CAVES

CAVING

After breakfast we transfer to an archaeological site near San Ignacio. We trek for 45 minutes through dense Jungle in the Tapir Mountain Nature Reserve before entering the ATM caves. Prepared with the necessary equipment, we hike, crawl, and swim 1 km (0.62 mi) into the cave witnessing ceramics, stoneware, and untouched human skeletons remaining from Maya rituals centuries ago. We have lunch in the jungle before another short hike out of the jungle. Overnight at the same jungle lodge.

Meals: Breakfast, Lunch, Dinner

Accommodation: Jungle Lodge

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Day 6

CAYO DISTRICT - PLACENCIA

INNERTUBING AND CAVING

After a typical Belizean breakfast in a pristine tropical setting we'll prep for our second caving adventure. Today we'll venture deep underground into the mystic cave world, the most sacred area of the ancient Maya. The adventure begins with a drive through orange plantations until we reach the entrance to a Maya Ceremonial Cave. Here with some stamina, we'll paddle innertubes upstream, past massive stalagmites through one of the most extensive underground river cave systems in the country. The only source of light is beaming headlamps guiding you through the darkness of the cave. Inside we'll visit the ancient Maya ceremonial centres, left untouched for over 2,000 years. The day ends with a transfer to Belize City to catch a short flight to the tropical island of Placencia. Overnight in a comfortable hotel.

Meals: Breakfast, Lunch

Accommodation: Beach Hotel

Days 7 & 8

PLACENCIA

FREE TIME

You have the following two days free to spend as you wish. There are many tours you can book locally such as manatee watching, snorkelling the Belize Barrier Reef, diving, monkey river tour, etc. You can also spend the day relaxing at the beach with a good book. Overnight at the same hotel in Placencia.

Meals: None

Accommodation: Beach Hotel

Day 9

PLACENCIA - BELIZE CITY

DEPARTURE

Today you'll be transferred to the airstrip in Placencia to catch a flight to The Belize International Airport to connect with your International flight home.

Meals: None

TRIP INCLUSIONS

Trip Includes

All accommodation (twin shared), meals as indicated, all internal transportation including two domestic flights, airport transfers, equipment and English-speaking guides.

Not Included

International airfare, airport taxes, gratuities, meals not included and items of a personal nature.

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