



## CHILE

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### TREKKING THE TORRES DEL PAINE CIRCUIT BY FOOT 9-DAYS

This Patagonia adventure, hiking through famous Torres del Paine National Park along the Paine Circuit, is an unmatched Patagonia hiking adventure. During this 9 day trek, we experience one of the world's last great nature refuges, surrounded every step of the way by raw, unspoiled beauty and nature. At night, we refuel at camps located near the big eco-camp or other refugios, enjoying most of our morning and evening meals within their comforts, the stunning park as our backyard. This Patagonia hike is truly an unparalleled outdoor experience.

## Day 1

### PUNTA ARENAS - TORRES DEL PAINE

#### ARRIVAL

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All travellers must arrive into the Punta Arenas airport by 11:00am. We'll be there to greet you and transfer you to the famous Torres del Paine National Park, 345 km/216 miles away. The drive is approximately 5 hours, but a very scenic one and in the summer months (December to March) the sun sets around 11pm, so we have plenty of light to admire the landscape en route while entering the park. If we're lucky we'll see guanacos, rheas and huge rabbits grazing on the plains. On the way, we will stop for lunch in Puerto Natales, a village on the shores of "Seno de Ultima Esperanza." The entire journey into Torres del Paine is scenic and invigorating, as we'll quickly start seeing the area's wildlife, including many birds. The first night's campsite is just outside the luxury Eco-camp, nestled in the heart of Torres del Paine National Park and with a prime view of the majestic Torres. We'll enjoy dinner at the Eco-camp, an easy 600m / 1900 ft walk up from our campsite.

**Accommodation:** Tent

**Meals:** Lunch, Dinner



## Day 2

### ECOCAMP TO DICKSON LAKE

#### TREKKING

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The day begins with breakfast at the Eco-camp before we prepare for our hike to Dickson Lake. The trail will lead us northwards along the eastern bank of the Rio Paine. We will stop at a natural lookout point which will afford us a stunning panoramic view of the Lago Paine below, before we descend and continue west across open grasslands towards Refugio Dickson. Tonight's campsite is situated in the Dickson Valley, surrounded by towering snow-capped peaks and the crystalline waters of Lake Dickson. From the campsite, we'll be able to spot stunning Dickson Glacier and parts of the Southern Patagonian Ice Field in the distance. We'll refuel with a nutritious dinner at the campsite, in a comfortable dining tent. Tonight, we will also have the luxury of accessing hot showers.

**Hiking Duration:** 11 hours

**Accommodation:** Tent

**Meals:** Breakfast, Lunch, Dinner

BikeHike Adventures

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## Day 4

### LOS PERROS TO CAMP GREY, THROUGH GARDNER PASS TREKKING

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Today, after a hearty breakfast at the refugio, we will ascend to the highest point in the circuit, reaching altitudes of around 1300 m (4000 ft) via John Gardner Pass. From here, we will have an awe-inspiring view of Grey Glacier. John Gardner Pass is a must-do for any serious trekker. We will then continue south along forested slopes and enjoy expansive views of the enormous Grey Glacier along the way. Grey Glacier is more than 28 km / 17 miles in length. We will spend the night camping at Grey Campground on the shores of Lake Grey. Dinner is at the refugio.

**Hiking Duration:** 12 hours

**Accommodation:** Tent

**Meals:** Breakfast, Lunch, Dinner

## Day 3

### DICKSON LAKE TO LOS PERROS TREKKING

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After breakfast at our campsite, we will continue our hike along the Los Perros River and cover the trek's most remote stretches. We will pass under Los Perros Glacier and cross a virgin forest before reaching Laguna Los Perros. Here, we will set up camp for the night at Los Perros Camp and feast on dinner in a comfortable dining tent. We will have the remainder of the evening to enjoy these tranquil surroundings.

**Hiking Duration:** 5 hours

**Accommodation:** Tent

**Meals:** Breakfast, Lunch, Dinner



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## Day 5

### CAMP GREY TO PEHOE LAKE

#### TREKKING

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We will have a relaxing morning around Lake Grey after enjoying breakfast at the refugio. We will then begin our hike along the eastern side of the lake. As we hike, we'll witness giant icebergs drifting across the waters, a scenic highlight of the trek. Next, the trail will flatten out as we descend through a valley headed towards Lake Pehoe and its pristine turquoise waters. Here we will set-up camp and rest for the night, after enjoying dinner at the refugio.

**Hiking Duration:** 5 hours

**Accommodation:** Tent

**Meals:** Breakfast, Lunch, Dinner



## Day 6

### VALLE FRANCES

#### TREKKING

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After breakfast at Lake Pehoe's refugio, we will begin the challenging trek along a steep trail that leads to Valle Frances. The trek's depth depends on the group's speed and rhythm. If walking swiftly, we will reach the hanging bridge over the French River. Then, we will continue to ascend towards the upper section of the valley where we will witness some of the valley's magnificent geological formations: Hoja (Blade), Máscara (Mask), Espada (Sword), Catedral (Cathedral), Aleta de Tiburón (Shark's Fin) and Fortaleza (Fortress). We will take a break to picnic and relax before continuing our descent through an undulating terrain of mixed grassland and light forest, before arriving at today's end point and overnight campsite, Camp Cuernos. Dinner is at the campsite's refugio.

**Hiking Duration:** 8 hours

**Accommodation:** Tent

**Meals:** Breakfast, Lunch, Dinner

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## Day 7

### LOS CUERNOS TRAIL

#### TREKKING

After breakfast at the refugio, we will begin our day's trek to the Eco-Camp, via the Cuernos trail along Lake Nordenskjold. Today's walk is far less strenuous but the terrain is more diverse. Today is the perfect opportunity to take in all of the park's charming flora and fauna. We'll learn about the vast variety of species from our guide along the way before taking a relaxing pause for a boxed lunch. Today's trek ends when we arrive back at the Eco-Camp where we will enjoy a hearty meal before retiring to our campsite to prepare for tomorrow's big challenge.

**Hiking Duration:** 7 hours

**Accommodation:** Tent

**Meals:** Breakfast, Lunch, Dinner

## Day 8

### THE TOWERS, ASCENCIO VALLEY

#### TREKKING

Today is the penultimate day of the Paine Circuit. After breakfast at the Eco-Camp, we will start out from our campsite towards Hostería Las Torres and ascend to Ascencio Valley on the Tower's eastern face. Mountain ridges, beech forests and small rivers line today's scenic walk. Our greatest challenge will be hiking along a mass of boulders that will lead us to that iconic view of the Towers. The full view of these three gigantic granite monoliths, shaped by the incredible forces of glacial ice, will suddenly reward us after our challenging ascent. With the view of the Towers, and the glacial lake visible below. This may be the best place on earth for a picnic lunch. After feasting on this view, we will backtrack along the same trail through Ascencio Valley, returning to Eco-Camp for a well-deserved dinner.

**Hiking Duration:** 10 hours

**Accommodation:** Tent

**Meals:** Breakfast, Lunch, Dinner



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## Day 9

### TORRES DEL PAINE - PUNTA ARENAS

#### DEPARTURE

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Early in the morning we board the vehicle back to Punta Arenas in time to catch the flight back to Santiago. Please make sure you book a flight that leaves Punta Arenas after 3:00pm.

**Meals:** Breakfast, Lunch



## TRIP INCLUSIONS

### **Trip Includes**

Meals as indicated, all accommodation (twin shared in tents), all internal transportation (excluding domestic flights), most equipment, airport transfers and English-speaking guides.

### **Not Included**

International and domestic flights, airport departure taxes, gratuities, some equipment (such as sleeping bags and sleeping mat), meals not indicated and items of a personal nature.

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