BikeHike Adventures Inc.

connecting the world through active travel



## **ARGENTINA**

ON THE TRAIL OF ARGENTINA'S PATAGONIA BY FOOT 7-DAYS

The name Patagonia evokes images of windswept and isolated landscapes, massive glaciers and awe-inspiring granite peaks. Our adventure tour starts in the small town of El Calafate, and then continues onwards into Los Glaciares National Park. We'll hike to the Mount Torre viewpoint with views of glaciers, the Adela range and Mount Torre. We will then visit Perito Moreno Glacier, hiking alongside majestic mountains and through pine forests to the famed Mount Fitz Roy. Our nights of slumber combine small hotels, cozy log cabins, and camping below the starry southern sky. For this Patagonia hiking tour, bring along your spirit of adventure and expect to be mesmerized by dramatic beauty.

#### Day 1

## EL CALAFATE - LOS GLACIARES NATIONAL PARK

#### OPTIONAL BIKING AND CANOEING

In the morning, you'll be picked up at the airport and transferred to El Chalten. Please make sure your flight arrives no later than 11:00am. There is some free time in El Chalten for lunch, and then you'll be transferred to the Patagonia Adventure Camp. This wilderness adventure camp is located 17 km/10 miles north of El Chalten. The lodge is built on the shore of Rio de Las Vueltas with native beech tree forest and stunning views of Mt. Fitz Roy's north face. It is the epitome of Argentina adventure travel. The lodge has a fabulous dining room, offering delicious local cuisine, and of course, robust Argentine wine. Mountain bikes, canoes and kayaks are available for all guests wanting to enjoy the outdoors, although some might choose to relax by the fireplace gazing at the granite walls of Fitz Roy. Overnight in cabins at Patagonia Adventure Camp.

Accommodation: Cabin

Meals: Dinner





Day 2 FITZ ROY TREK TREKKING

After breakfast we have a 10 minute drive to the trailhead. We'll ascend gradually all morning along the Rio Blanco to the base camp of the same name. This is the camp where climbers wait for a break in the weather when attempting the alwaysdifficult ascents of the granite monolith named after Darwin's ship Captain (The Beagle). We'll ascend more steeply to Laguna De Los Tres where we will have close-up views of several of the routes used to climb Fitz Roy, weather permitting. Overnight in tents at Poincenot Camp.

Trekking Distance: 17 km / 11 mi Accommodation: Glamping Meals: Breakfast, Lunch, Dinner



Day 3 LAGUNA TORRE TREKKING

We'll start with a hearty breakfast and then start hiking, across the Madre e Hija Trail that leads to Torre Lagoon. Here we will have time to enjoy panoramic views of the most well known peaks in Fitzroy National Park, including Mt. Solo, Adela Cordon and the dramatic Mount Torre. The forests here are filled with a variety of southern bird species singing their unique melodic tunes. We'll break for lunch midday in a picturesque location. We'll eventually reach our campsite for the night, where we can relax and dine on a delicious Argentinian feast prepared by our cooks. Overnight in tents at Thorwood Camp.

Trekking Distance: 16 km / 10 mi Accommodation: Glamping Meals: Breakfast, Lunch, Dinner

Day 4
MOUNT TORRE - EL CALAFATE
TREKKING

This morning from Thorwood campsite we'll start our hike back to El Chaltén. We'll walk for 2 hours through magnificent Lenga forests, crossing old glacial moraines and wet plains formed by the previous courses of the river. In this section, there is always the possibility of spotting a wide range of birds, including the Magellanic woodpecker. We'll arrive at the Mount Torre viewpoint and take a short break to admire our view of the Adela Range and Mount Torre. From here, the hiking trail starts to level off along the Fitz Roy River until we arrive at a viewpoint of the river canyon and the Margarita waterfall. After resting here, we have another 30 minutes of hiking before reaching the town of El Chaltén. In the late afternoon, we'll take the bus to El Calafate. Upon arrival into El Calafate, we'll transfer to our comfortable hotel. This evening dinner will be on your own in El Calafate.

Trekking Duration: 3-4 hours Accommodation: Hotel Meals: Breakfast, Lunch

## Day 5

## ESTANCIA CRISTINA - CANADON DE LOS FOSILES

**TREKKING** 

This morning we'll transfer to Estancia Cristina, sailing through the north arm of Argentina Lake. Upon arrival, we'll jump in 4x4 jeeps and drive 9.5km/6mi on a mountain road. This area was once covered by a glacier. We'll arrive at the continental ice refuge and there we'll start our hike admiring the local flora and fauna, as well as fossils leftover from glacier activity. On our hike, we'll have impressive views of Lake Guillermo, Patagonian ice fields and Upsala Glacier. Our hike finishes in a the valley of the estancia, and then we head back by boat to El Calafate. Overnight at same hotel in El Calafate.

Trekking Distance: 12 km / 7 mi

Accommodation: Hotel Meals: Breakfast, Lunch



## Day 6

# BALCONIES OF PERITO MORENO GLACIER

**TREKKING** 

This morning we'll then set off to see one of the most famous geological sights in the world, the Perito Moreno Glacier, located in Los Glaciares National Park. It is one of 48 glaciers fed by the Southern Patagonian Ice Field and is a protected UNESCO site. Perito Moreno is one of the few glaciers that is still stable with seasonal fluctuations in the position of its snout. It calves into Lake Argentino and sometimes the terminus creates a natural dam and part of the lake becomes landlocked. Every so often it is possible to see huge lumps of ice break off and fall into the lake and float away as icebergs. With some luck we'll spot some wildlife in this area including condors, buff-necked ibis, black-chested buzzard eagles and ashy-headed geese. In the afternoon, we'll return to our hotel in El Calafate for dinner and overnight.

Accommodation: Hotel Meals: Breakfast, Dinner

# Day 7 EL CALAFATE DEPARTURE

After breakfast, you will be transferred to the airport to connect with your flight onwards.

Meals: Breakfast



## TRIP INCLUSIONS

#### **Trip Includes**

All accommodation (twin shared), meals as indicated, internal transportation, equipment, airport transfers and English-speaking guides.

#### **Not Included**

International airfare, internal air to and from El Calafate, airport departure taxes, gratuities, meals not indicated and items of a personal nature.